

The Nutshell



Hazelwood School

In all my years of teaching, I thought I had seen most things. Yet on Tuesday, there was something new on the school calendar which hitherto has been reserved only for commercial television. The Inter-house Bush Tucker Eating Trial was staged in the Dining Hall together with Helen, Dave and the rest of the catering team. Teams of six pupils with a teacher team leader assembled at fruit break ready to savour the delights of grasshoppers, meal worms, locusts and the offal smoothie. Surprisingly there was a lot of excitement ahead of the start of the edible relay. Smiles and laughter soon turned to focused attention as each competitor, eager to win the silver service treat for their team, prepared themselves for what lay ahead. For some, it was all too much and the spittoons and cups of water became their best friends. For others, the whole experience opened up a new menu of edible delights to be enjoyed, on toast with a generous dollop of ketchup on the side. In the end it was the team from Dowling, led by Mr Kemp who gulped down the last drop of the offal smoothie in first position. At lunchtime, after a normal menu, the children had the chance to eat bugs and specially crafted brownies and chocolate krispie cakes made from ground locusts and locust flour. The krispie cakes proved to be particularly popular.



The inaugural Bush Tucker Eating Trial saw the eager appetites of Hazelwood School devour 400g each of mealworms, Buffalo worms and grasshoppers and 500g of locusts.

There are already plans to make it an annual event with volunteers coming forward eager to demonstrate their bravery, their grit and their cast iron stomachs!

On Friday afternoon, we were delighted to welcome back to the Bawtree Hall the Hayes School Band. The young musicians visited us last academic year and were so popular with the children that Mrs Young had no option but to invite them back. They really are a shining example of young musicians enjoying making music together. This time around our young woodwind and brass performers have been learning one of the band's pieces so that the two schools can join together and lift the roof of the auditorium. It was an amazing thirty minutes of music which will last me though the weekend, right up until our own young musicians take to the staging to perform for family and friends in our Charity Concert for Tanzania.

The concert is all about raising awareness for the project that we, with the generous help of Shanta Gold have been able to launch within the four community schools of the Songwe District. I must emphasise that the music will be *work in progress* with some song choices changing only a matter of days ago! I am keen to perform what *feels right* for a concert of this informal nature. It is about capturing the delight on the faces of the children as they sing; the same delight that Roma and Duncan saw on the faces of the children in Tanzania when they visited in February. I am looking forward to singing with the children in the four schools and to showing that music, and the love of it, is a universal language which requires little translation. We have been so delighted with the response to our recourse appeal to date. Already the visiting team will be cutting down on clothing allowance to pack as many footballs, netballs, pencils, exercise books and boxes of chalk in their suitcases.

The response below too is encouraging; a family who have read all the information and reports to date and are keen to help. It is lovely to know that many of the pledges made have been done so as a result of a family discussion with the choice of resource being made by the pupils themselves. It's good to get everyone involved. In time, we hope to be able to make the project totally inclusive to the community of Hazelwood.

"I heard that you're heading back to Tanzania over Easter. We read your write up of your previous trip in The Nutshell and was particularly moved by the children's homemade football.

A long story, but we have six brand new deflated footballs sitting in our garage, and was wondering if you think the kids in Tanzania would like them and if you could squeeze them into your luggage?

My son also decided that he's got far too many rugby balls and wanted to donate one. Would you be ok to take a used rugby ball too? Some of the kids could sign it to give it a bit more meaning."

I would like to congratulate all the children in Years 6 and 8 who have passed their entrance exams to their Senior Schools of choosing. For many this has meant securing a place for Year 9 entry ahead of a full Upper School experience at Hazelwood. For some it has meant accepting exhibitions or scholarships in their chosen specialities. For all it has meant pride and recognition after a sustained period of focused and hard work. Full details of scholarships will appear in a future edition of the Nutshell.

And finally, I am looking forward to celebrating Jane O'Keefe's ten year career and loving association with Hazelwood School through its Nursery and Early Years this evening. Jane was part of the founding team of The Larks and the nursery's growth, success and

reputation is testament to her kind nature, warm personality and committed expertise. We are hoping that even when Jane leaves us next week, that she will keep in touch and visit the staff and children on frequent occasions. She will be sorely missed. Thank you Jane, for all you have done for many Hazelwood families.



The staff and pupils of Hazelwood School are embarking on a project to support community primary schools in the Songwe District. Our expertise and ideas with the schools, we are keen to provide a resource to enhance the children's learning. WE ARE ASKING YOU to help. Listed below are some of the most urgently needed items. We are asking each individual, as a year group or as an extended family, to please email bursar@hazelwoodschool.com The pledge will be included on your summer term bill. For those attending the Charity Concert on Sunday 10th June, an opportunity to pledge your support during the music. Thank you for a

Thank you for all your generosity so far. We have over £1,250 worth of resource already promised



6 x footballs £30



6 x netballs £30



50 x exercise books £20



500 x pencils £21



100 x coloured chalk £5



5 x small chalk boards £10

The school is grateful to AMADEUS STATIONERY for their kind donations. With over 2,000 children attending the schools, we need all the help we can get!



For a list of communications hosted on the Parent Information Portal (PiP) each week please see the 'Notice Board' further down the Nutshell.

News from The Nursery & Early Years

The cold spell at the beginning of the week has not stopped the children here at Hazelwood nursery getting out and enjoying some purposeful outdoor play. It has been wonderful to listen to the children talk about how their surroundings are changing at this wonderful time of year. There is great excitement about the almost flowering daffodils.

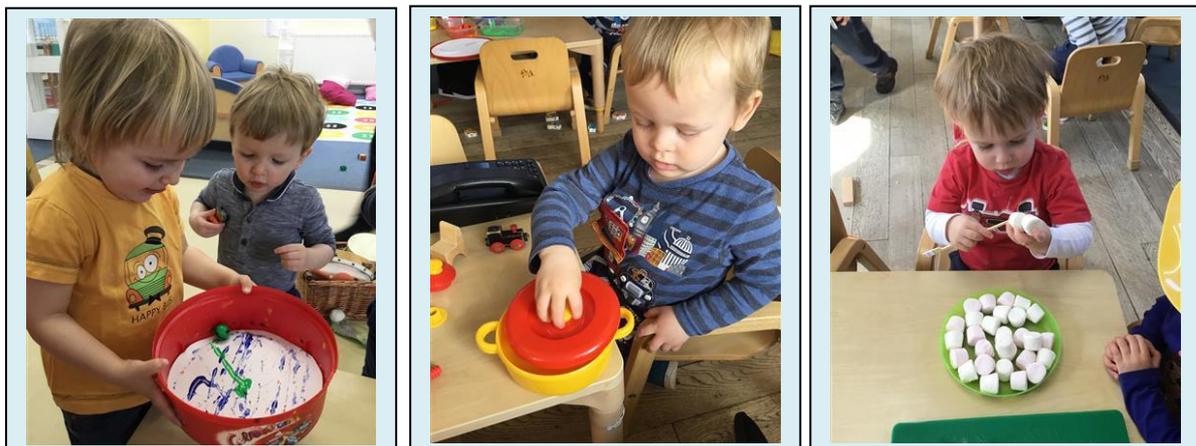
Once again this week I have been wowed by the confidence of the children, Miss Sangers class performed a wonderful assembly that showed everything they have learnt this year, we were taken into space and the polar regions and were told why it is important to eat healthily and keep your mind and body in shape.

Below is a full round up of this week's activities from each of the rooms.

This week we have been exploring paint with our fingers. We have also been dressing up as doctors and nurses. The children have had lots of fun playing with the doctor's set, checking the adults and other children. We have also been drawing around one of the children and covering the body with different sized footprints.



Fledglings 2 have rocketed into space this week and have made rockets with marshmallows and strawberries; they have used paint to make a small a medium sized and large Moon. They have also experimented with how to paint with marbles creating some lovely planet pictures.





This week in Top Robins we have been looking at the different weather outside, flying our paper aeroplanes out in the garden that we have made. We have made rainbows for our board using finger paints as well rain drops created by sponge printing. We have spent time in the hall singing songs and using different musical instruments. The children have loved playing different ring games.

Lower Robins have once again enjoyed looking at jungle animals and have been making bubble snakes using bottles and flannels, created a large scale crocodile and ordered his teeth. The children particularly enjoyed making springy snakes using paper plates as well as exploring jelly with snake surprises in!



The Skylarks have made the most of the beautiful spring weather emerging with lots of fun on our new equipment, learning to balance, climbing the rope ladder and swinging. The children have been observing the development of the frogspawn and the sunflowers, which are already sprouting. Some children enjoyed acting out the story of The Three Little Pigs using our wooden house; they used the repetitive phrases of the story accurately. It has been amazing to see the progress of the children who have swimming lessons, they have all grown in confidence this term and many are jumping in and manoeuvring around the pool effortlessly.

Families and homes were the focus for Oak's learning this week. They have described members of their family in their writing and made collages using lolly sticks. We travelled back in time with the help of a magic grandad to explore homes in the past. What was it like

before electricity with no computers and televisions? They have also begun to construct houses like the three little pigs and next week will test them for strength with the help of a hair dryer!

Miss Sanger's class enjoyed performing their class assembly in which they went to the moon, ate porridge with the three Bears and did some exercise whilst counting to 100!

Working as a team is a continued theme, with Mrs Taylor's class collaborating to build a very tall tower. Such concentration!



The children of Skylarks out in the spring sunshine, tidying up, cleaning down the outdoor toys ahead of some balancing, swinging and climbing!



Swimming Report: Saturday 17th March - ESSA Primary Team Relays Championships (Surrey Round)

On Saturday 17th March, four of Hazelwood's finest swimmers (Karlijn R, Michelle M, Clara B and Claudia G all in Year 6) met at the Spectrum pool in Guildford, to compete against other top primary age swimmers across Surrey County. This was a relay event and the girls entered into both the freestyle and medley relays.

Up first, it was the girl's medley relay with Karlijn swimming the first length on backstroke, Clara swimming second on breaststroke, Claudia swimming third with butterfly and Michelle swimming front crawl on the final length. The girls all swam really well and following the results of the three heats, they came a very respectable 7th out of 19 schools in a time of 1.20.45.



Next up was the freestyle relay. The girls were truly outstanding in this event and overall, once the three heats results were recorded, we came a very impressive 3rd out of 19 schools in a fantastic time of 1.07.94! We were not 100% sure of the results because there had been some disqualifications, but with great pride I was able to present their well-deserved bronze medals to them all! The schools that came 1st or 2nd will automatically go through to the SE Regional Round (which is taking place on Saturday 12th May at Guildford Spectrum). However, there might still be a chance for the Hazelwood girls to represent Surrey County as they came 3rd, as the fastest 2 times for each group on each relay will qualify for the Regional Competition too....

Congratulations to all the swimmers for representing Hazelwood with such fantastic races and medaling in the freestyle relay! In addition, a big thank you to the parents for supporting the girls on the night and to Mrs. Wisniewski, who has written in beautiful calligraphy the girls' certificates (to go with their medals for assembly)! What a great end to the term!

Miss Lloyd
Head of Swimming

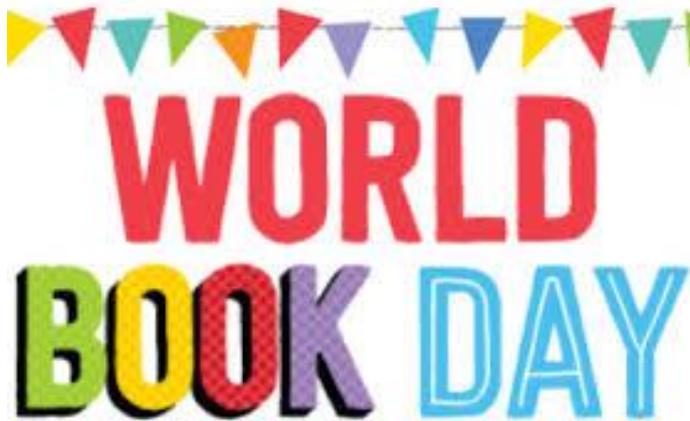


***What is
the
were
rabbit
seeking***





Congratulations to Caspar S (4M) who battled against the snow and blizzard conditions to scoop two first place rosettes aboard his equally determined and windswept pony . A huge amount of grit was shown by all the participants at an area show jumping challenge series hosted by his local Pony Club branch. Caspar rode with skill and determination to take 1st place in both the first and second classes before having a bit of a sat nav. error and taking a still very creditable 5th in his final class of the day. Visibility was very poor by that stage but the incredibly inclement weather only adds to the magnitude of his achievement. Well done Caspar!



Pupils in **Years 1-6** may dress up as a favourite book character! If dressing up, please bring in **£1** which will go to the charity **ROOM TO READ**.

Pupils in Years 3-8: Second-hand **BOOK SALES** in Library in Break Times - **PLEASE** allow your child to bring in some **money** in coins (**£5 is more than enough**) in a **named envelope**.

Chestnut Pupils - bring in **20p** for a book sale.

All money raised in our book sales will go to ROOM TO READ.

THANK-YOU SO MUCH!

schoolblazer

Committed to Innovation. Dedicated to Style.

Delivery News...

2nd July – 15th July 2018 – free delivery on all orders

1st May 2018 onwards – free delivery on orders over £150

Car Park and Wolfs Hill Reminder

Can all parents please observe the school's car park etiquette both within and outside the main car park. Considerate driving is of equal importance on Wolfs Hill as you approach the school entrance and exit. Please do not park in the yellow zig zag areas at any times as doing so blocks drivers' view of oncoming traffic at the school exit. There were a couple of scary moments during the week as parents were trying to edge out beyond parked cars in these designated 'no parking' areas. Many thanks.

Year 6 Play Part II



Hazelwood Talent Show 2018

The Talent show is open to all pupils from Years 3–8. It is an entertaining show, with the emphasis on comedy, pop/musical theatre and dance. For singing auditions, solo, piano and voice or guitar and voice are all great, as are duets and trios, especially if they can be sung in harmony. For comedy, it is best to opt for sketches written by comedians rather than pupils themselves. Magic, gym, roller skating, swegways, puppets and free running have all been in previous shows. Please use the Easter holidays to get together and rehearse, organise scripts, backing tracks, and learn your words so that you are ready for auditions in Weeks 1, 2 & 3 of the summer term.

The Talent Show is in Week 5 of the summer term

Auditions will take place in Weeks 1, 2 & 3 and the list of successful acts will go up on Monday 14th May. Please polish your acts so that they are at performance standard for the audition. Please choose an audition date and stick to it, with no changes once you have signed up. To succeed, your choreography needs to be complex and well executed, singers need to be perfectly synched to their backing track, so buy the track and practice with it to ensure you audition with confidence (no Spotify please). Comedy must be well rehearsed, well performed and amusing. You do not need costumes for auditions. Please ask your parents to help. They can assist with rehearsals. If you are unsure about a sketch, song or have any queries do email me at housegoj@hazelwoodschool.com

Audition sheets and information will be on the Drama notice board outside the Theatre. The show will be judged by world famous celebrities! I wonder who they will be this year???

- Auditions in Weeks 1, 2 & 3 of the summer term
- Sunday, 20th May - 25 mins tech time slot per act in the theatre
- Week 5 - 1st Run through Monday, 21st May 4.45- 6.30
- 2nd Run through Tuesday, 22nd May 4.45 – 6.15
- Dress rehearsal Thursday, 24th May
- Talent Show Performance Friday 25th May 7pm

If you get into the show, you must commit to these dates

Good Luck!



QUESTION FOR THE QUEUE



Following on from our successful inter-house 'Bush Tucker challenge' held at Tuesday break time, our question this week is based on food.

'What is the strangest thing you have ever eaten... and did you like it?'



Worms
(the most popular answer!)

Fish cheeks

Frog's legs

Fish eyes

Peas and ketchup

Dog biscuits

Octopus

Snake

Rabbit poo!
(I thought they were raisins.)

A curled up woodlouse

Porridge with butter and sugar!

My mum has eaten Guinea Pig (Y5 child)

Scorpion lollypop

Seaweed

Toothpaste and soap, followed by Mustard and Nutella!

Deep-fried Mars Bars.

Lettuce

Cat food

Snails!
They tasted like garlic snot (but were actually quite nice!)

An interesting choice of foods have been eaten by our pupils. We wonder what future meals will look like as food trends and tastes adapt to an ever-changing culinary world!

Mr Walton



Junior Inter-House Netball

On Tuesday, the Year 3 & 4 girls took part in the Inter-House netball tournament. It was lovely to see the Year 3 & 4 girls working together and they have all made really great progress with their netball since the start of term.

Overall results:

- 1st Baily
- 2nd Parry
- 3rd Dowling
- 4th Irving

Well done to everyone involved on a brilliant afternoon.



Dulwich Prep Pop Lacrosse Festival

On Wednesday 54 Year 5 & 6 girls went to Dulwich prep to take part in their Pop Lacrosse festival. The girls had an introduction to the basic skills and game play in their lessons, but the festival was designed around the girls having fun, working together and learning more about Pop Lacrosse. The teachers were all so impressed with the girls' positive attitudes throughout the afternoon. The girls got the opportunity to play in at least four games against a mixture of other schools. By the end of the afternoon, the girls had improved their ability to scoop, throw, catch and run speedily with the ball whilst cradling. Well done girls on a fantastic afternoon.

Mrs Falconer



Good luck to Mr Trusler who will be travelling to Rotterdam with his hockey team, Holcombe (and Miss Parr) to take on Europe's best in the final 16 of the Euro Hockey League Knock-out 16 competition. His matches – next Friday and Sunday – can be watched on the EHL website.



Year 4 have completed their catapults. They have cut wood, glued, followed instructions and assembled the different parts. We ended this with firing raisins across the top court! However, after battle some of the catapults are not quite in one piece. But fun was had and the children learnt a lot of skills by creating these.



Medieval Festival Day

Year 1 had great fun on their medieval festival creative curriculum day. Following clues left by a dragon, they walked all around the school grounds to find the hidden dragon eggs and then played on the treehouse 'castle'. They pretended to be people in the castle and wrote about what they did. The children loved the exciting visit from Steve, who showed us his real medieval armour. In the afternoon, our wonderfully costumed knights and ladies of the keep learnt a medieval circle dance and made colourful moving dragon puppets. Thank to everyone for contributing to a very special Curriculum Day.



*There's
BIG and
then there's
GIANT*



Bush Tucker Trial



The BIGGEST carrot growing competition

Following on from last year's sunflower contest, Mrs Bilbrough is throwing down the gauntlet for all pupils in Years 1 to 7 to try their hand at growing a gigantic carrot. Seeds will be going home this week and you have until Monday 25th June to grow a whopper. There will need to be photo evidence of the moment of measurement and you are permitted to feed, water and coax your seeds into phenomenal growth by whatever means legal and possible. Enjoy the challenge but watch out for the slugs and the were-rabbit!

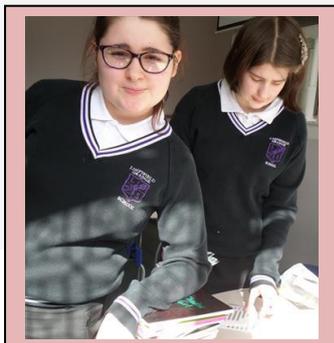


Well done to the U9 rugby team who defeated Yardley Court this week as their impressive rugby season came to a triumphant close. Mr Reay continues to be impressed with their skill, their spirit and their determination.



Steady as she goes!

Iona tries out the *slackline* with a little help from Mrs T ahead of the **HPA Summer Fair** on Saturday 23rd June. The slackline, or tightrope, will be one of the many circus-themed attractions and sideshows which will fill the Pavilion Field from 12pm until 3.30pm. We hope to see as many of you there as we can. You have now until then to practise your balancing skills!



Pupils of Limpsfield Grange take receipt of the new books for their library, bought with their Community Fun grant.

Meet the lollipop families made by the children of Oak Reception. We love the lovely writing from Ella, Elizabeth, Isabelle, Grace and the computer skills of Amelia. The children of Oak love working together as a team.



Gold Award Congratulations to Sam L (4K), Liam McE (4P) and Camilla S (5C) who have stormed their way to their gold awards so early in the school year. For all three pupils this is a huge achievement and one for which **massive congratulations** are due.

Mad and Courageous in equal measure!

As an incredibly fortunate survivor of Meningitis (meningococcal septicaemia) myself, I thought it was time I did something to help raise awareness and funds in support of those many families affected by this terrible disease that kills over 1000 people every day, and leaves many more Children as amputees to struggle on through life. Below is a video I've made about an adorable little boy called Myles to give you some insight to what Meningitis is about...

Please, it's important you watch the video.... and donate if you feel able!

https://youtu.be/xsE-t_WWwol

<https://www.justgiving.com/fundraising/mdsstuartwells>



About the Marathon Des Sables

The Marathon Des Sables is described as the toughest footrace on the planet (Discovery Channel) and features over 150 miles in 6 days across the Sahara Desert, in 50 degree heat, over sand dunes and jebels, carrying all my food and equipment in my backpack. The longest of six stages is 55 miles, and I will be doing the equivalent of 5 1/2 regular marathons in total. I will be running on uneven, rocky, stony ground with 20% of the distance through the sand dunes avoiding the snakes. There is no doubt, this is going to be the challenge of my life...

<https://marathondessables.co.uk/race-overview/>

About the Meningitis Research Foundation

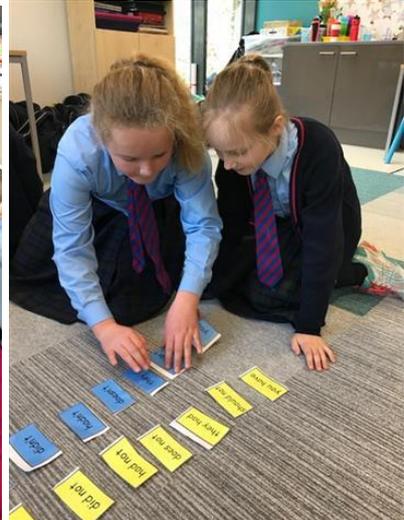
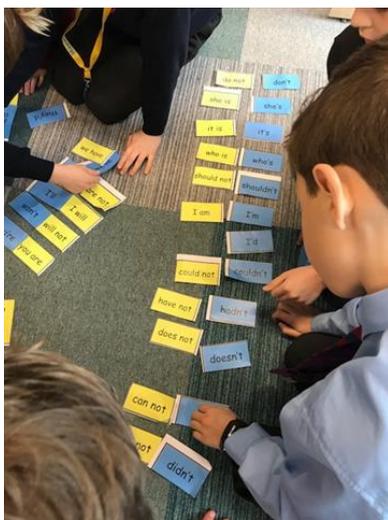
Meningitis and septicaemia are serious, life threatening illnesses that advance throughout the body in a matter of hours. 10% of the population have the germs in the back of their throat. Everyday.

Meningitis is the swelling of the meninges, which is the lining around the brain and spinal cord, caused mainly by germs entering the body.

Septicaemia is blood poisoning caused by the same germs that can cause meningitis. Meningitis and septicaemia are illnesses that can kill in hours. Anyone, anywhere of any age can get meningitis and septicaemia. Being able to recognise the symptoms of meningitis and septicaemia is vital because early recognition and treatment provide the best chance of a good recovery.
<https://www.meningitis.org/meningitis/what-is-meningitis>



Year 5 got clever in the kitchen ahead of the Easter festival. They made delicious looking (and tasting I am sure) Easter biscuits and hot cross buns. It was a seasonal change from the chicken dish that had been on the plan. A change for the better we think!



This week 5J have been working hard on their Grammar, especially using Apostrophes for Contractions. During one of the lessons, the class was split into boys vs girls for an apostrophe challenge. The girls won the first challenge and the boys won the second. The decider will take place during Monday's lesson. The class loved the challenge and are now experts in this part of their grammar.



Hazelwood School

Stargazing

All pupils look skywards for their ambition
Support is given to raise the bar
as high as true potential allows

Open Morning

Friday 11 May 2018. 10.30am until 12 noon

The alphabest of Ha-zelwood School

www.hazelwoodschool.co.uk. Contact Nick Tappin on 01883 733841

alive with flavour

Choctails



Come and join us for a night of chocolate and cocktails. You will make your own delicious truffles to take home and enjoy, sample savoury & sweet chocolate canapes and learn chocolate themed cocktails with our own masterclass.

Evening starts at 7.30pm with a brief talk about chocolate over a glass of Prosecco. We will taste three savoury chocolate canapes e.g. creamy goats cheese on an Aztec disk of dark chocolate. Working in smaller groups you will roll your own truffles, shake and make your chocolate themed cocktails. A mini cocktail masterclass! Our cocktails are served with sweet complimenting canapes. A busy but fun and interactive evening whereby you should learn much more about chocolate.

Place : TOSH ROOM Hazelwood School

Date: Friday 15th June 2018

Time: 7.30pm – 10pm

Cost: £40.00 includes Prosecco, two cocktails and five canapes



Hazelwood Parents' Association

To secure your tickets visit www.ticketsource.co.uk/date/480896
www.alivewithflavour.com/events_2018



Hazelwood School Disco

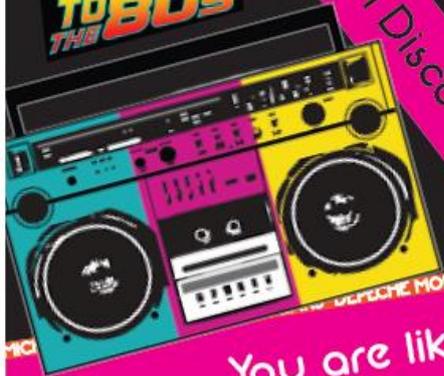
Date: 12th May 2018

Time: 8pm - Midnight

Venue: School Dining Hall

Tickets: £15

BACK TO THE 80s



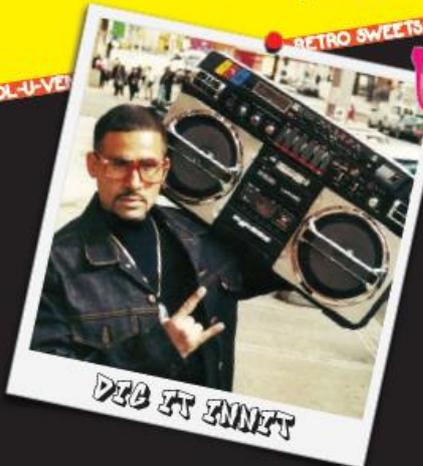
THE POLICE AEROSMITH PET SHOP BOYS GENESIS AC/DC

You are like totally invited to the HAZELWOOD SCHOOL DISCO

Dig out your awesome tie and dust off your blazer dude...

DISCO ORGANISED BY THE HPA. FULL BAR. PARENTS ONLY.
DRESS CODE: SCHOOL UNIFORM PREFERRED
TICKETS: buytickets.at/hpa PASSWORD: last dance

RETRO SWEETS VOL-U-VENTS CHEESE & PINEAPPLE RETRO SWEETS VOL-U-VE



News from the Kitchen

Please don't forget that the new menus for both Hazelwood School and the Nursery & Early Years are now on their respective websites under The Parents' Sections.

Music Timetable

The weekly music timetable can be viewed on the Music Notice Board outside the Dining room in the courtyard. I will endeavour to have the coming week's music timetable on the notice board by the end of the school day each Friday. Please ensure that your child brings their instrument and music in on the relevant day. It is also important for them to take these books and instruments home when they do not need them in school.

Sports Department

Match Reports should be taken to Mrs Greenwood or emailed to her on headspa@hazelwoodschool.com by Friday afternoon ahead of assembly on Monday morning. If your child is nominated as captain, please encourage them to write the report in time for the assembly. The children do like to share their successes with the rest of the school. Thank you.

Notice Board

Babysitting Services Available

Maddy Greenwood (daughter of Mrs Greenwood/Head's PA)
Has previously sat for a number of Hazelwood families and would welcome all enquiries for weekday evenings & weekends
Has car and can drive!
Contact 07904 164617

Communication sent home this week

The following letters have been hosted on PiP (main site only) this week. If you need a duplicate copy, please contact the School Office.

- Year 6 - Play Photograph Order Form
- Year 6 - ISEB Pre-test Letter (sent to individual parents under separate cover/not whole year group)
- Year 5 - RAF Hendon Trip
- Year 4 - Hindleap Warren Letter & Forms
- Year 3 - Butser Iron Age Farm Trip
- Year 2 - Coffee Morning - REMINDER TO RSVP ACCEPTANCE
Chapel Choir - Awesome Book Awards (sent to individual parents under separate cover/not whole choir)
- Judo Club - Letter sent to parents of existing Club pupils under separate cover

Key Events for Next Week

Monday 26 March

HPA Easter Flower and Wreath arrangement Making
1500 Rugby: Middle Inter House

Tuesday 27 March

All Day Space Dome Day (Years 3-8)

1400 Rugby: Year 4 Inter House

Wednesday 28 March

All Day Last Day for Clubs and After School Late Rooms

All Day/ Year 2 Visit to Port Lympe Dinosaur Forest and overnight Dinosnore night

Y3 Butser Iron Age Farm trip rescheduled

0915 Oak RSC Class Assembly

1430 Netball: Middle/Senior Inter House (H)

1400 Rugby: Senior Inter House

Thursday 29 March

Bus Services running am and at 12:30 (to HNEY at 11:40)

Last Day for Breakfast Club

TERM ENDS

Early Years and Oak 12:30

Years 1 & 2 11:30

Years 3 – 8 12:30

Sunday 1 April

Ski trip departs (return 8th April)

If any of this **Lost Property** is yours, please come to the school office to claim it. Some of it has been with Mrs Powell for quite some time!



*Do you feel stressed? Is your mind very busy? Would you like to feel calmer in your daily life? Or perhaps you've heard about all the benefits of Mindfulness, but aren't sure what it is or if it's for you? Come and try for yourself in a **free Mindfulness Taster Session** next **Tuesday 27th March, 10-11am** at **Oxted Community Hall**. In the session we will look at what mindfulness is and how it can help. Plus you will have the opportunity of experiencing a guided mindfulness meditation.*

All levels of experience are warmly welcome; from curious sceptics to beginners to experienced meditators.

Contact Susie Asli at susie.asli@gmail.com or on 07429062930 for booking or for more info. Looking forward to seeing you 🌸

Free Mindfulness Taster Session

Have you been hearing all about the
benefits of Mindfulness, but aren't
sure what it is or if it's for you?
Come and try!

Tuesday 27th March 10.00-11.00am
Oxted Community Hall,
53, Church Lane, Oxted, Surrey, RH8 9NB

Contact for booking or more info:

Tel: 0742 9062930 Email: susie.asli@gmail.com

Parenting Course Taster Workshop

Friday 18 May 2018

Little Brookstreet, Hartfield Road, Edenbridge, Kent TN8 5NH

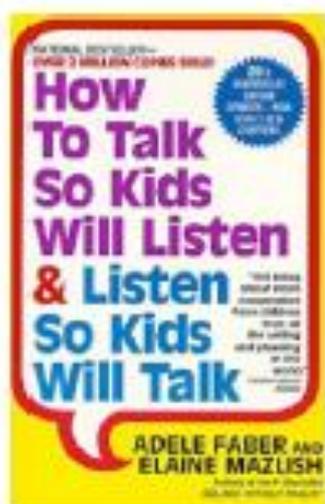
When I first heard of Jen's parenting courses whilst living in Houston, my children ranged in age from 27 down to 12. Surely this was a course for a parent with a toddler? Friends spoke so enthusiastically about the courses that I went on to attend two courses. What a revelation! I found that changing my approach when dealing with my youngest brought about countless benefits and a less stressful environment at home. The skills learnt also certainly relate to my older children. If these courses were on TripAdvisor they would gain 5 stars from myself and many of my friends.

Jen is moving back to the UK later this year. I have offered to host a taster-workshop, which is entirely free of charge, at my house on 18 May 2018. If the course may be of interest, the taster-workshop provides you with an opportunity to dip your toe in the water first. A full course usually consists of 6 two-and-a-half sessions taking place over a couple of months.

Jen and I have not specified a time as yet. If you are interested, please e-mail me and let me know whether an afternoon or morning slot would work better for you.

Michelle

michelleclarke63@outlook.com



Want to be a calm, confident parent?

Learn how to make life with children of all ages easier and more satisfying.

Dr Jennifer Mahon runs practical, relaxed workshops which will teach you new and more effective communication skills. You'll understand what is happening in your relationships with children of all ages and you'll learn ways to talk and listen that will make life at home richer, more relaxed and more fun.

You'll know how to:

- Deal with upset children and calm everyone down.
- Resolve conflicts more effectively.
- Help children see their strengths and help build their confidence.
- Discipline without being permissive or aggressive.



Big Moments

All Stars Cricket gives children the chance to play, learn great skills and meet new friends!



Includes Personalised Kit!

Edenbridge CC, Kent

Blossoms Park, Edenbridge, TN8 5DD

9:00pm - 7:00pm, Fridays (May 11th - June 29th)

Contact: edenbridgecricket@gmail.com

Register at allstarscricket.co.uk

ONE OF THE GIRLS

www.girlsattack.com

girlsattackit@gmail.com

FUN SKILLS TRAINING AND MATCH PLAY.



Nethball Camps 2018

- Easter Skills Camps Apr 9th- 11th, 10am-3pm, all abilities welcome, girls age 6-14
- Monthly Minis fun: Years 1-4 Sundays May 13th, June 10th, July 1st 10-11.30am

Monday Match Play for Juniors

- Years 6-10 Mondays 6-7pm
All at Hazelwood School, Oxted

Nethball Club – Saturdays Girls 6-14

- 10 – 11.30 Hazelwood School
- 1 – 2.30 Caterham Prep School

Ladies get Back to Nethball

- Mondays 8.30pm, Oxted School

CONTACT THE TEAM AND BE ONE OF THE GIRLS!



ENTERPRISING LIMPSFIELD

AT THE BULL



Community investment opportunity

- **Enterprising Limpsfield Ltd** is a new company formed by a group of community-minded residents in response to The Bull being put up for sale. Our aims are to invest, restore and enhance.
- Building on The Bull's legacy for quality local independent food and drink, we will provide a unique new community hub/pub housed within this much-loved, historic building - hosting community-focused events, workshops and celebrations.
- Enterprising Limpsfield wants to hear from interested community members who would like to get involved in this community investment, as well as those with complementary skills and ideas.

Please email us to register your interest or find out more: info@enterprisinglimpsfield.com



Local investment
opportunity

Be part of this
exciting new
community
venture

Promoting local
food, drink and
enterprise

All welcome

Investment from
£500
(under 30s from
£100)

Safeguard village
amenities

www.enterprisinglimpsfield.com

St Andrew's Church

Holy Week and Easter

children's Church

Monday 26 March 2018

3.30-4.30pm in St Andrew's Hall, Limpsfield Chart

Come and join in decorating crosses and eggs,
making potato print Easter cards, budding flowers on sticks,
and create our Easter garden

For children up to the age of 10 with their parent or carer

Join us on Sunday 1 April 2018

10am Easter Day family service

Next Children's Church: Monday 30 April