

Lunch Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Crumpets	Crackers and Sliced Cheese	Fruit Yoghurts	Pancakes	Bagel
PM Snack	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Main course	Coconut Chicken	Cumberland Sausages	Cottage Pie	Roast Chicken	Battered Fish
Vegetarian	Vegetable and Lentil Curry	Vegetable Sausages	Quorn Pie	Root Vegetable and Cranberry Loaf	Stuffed Mushrooms
Vegetables & potatoes	Sweetcorn Broccoli	Mashed Potatoes Peas Carrots	Mixed Seasonal Vegetables	Roasted Potatoes Roasted Carrots Broccoli	Chipped Potatoes Peas Baked Beans
Dessert	Natural Yoghurt with Fruit Toppings	Chocolate Chip Cookie	Strawberry and Coconut Sponge	Summer Fruits Cheesecake	Fruit Salad
Tea	Ham Roll with Mixed Salad	Eggy Bread with Baked Beans	Cheese and Tomato Pitta Pizzas with Vegetable Crudites	Lamb Meatballs with Pitta and Sweetcorn	Hot Dog with Green Beans

Lunch Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snacks	Crumpets	Crackers and Sliced Cheese	Fruit Yoghurts	Pancakes	Bagel
PM Snacks	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Main course	Beef Chilli	Roast Loin of Pork	Tuna Pasta Bake	Moroccan Chicken	Steamed Fish with Parsley Sauce
Vegetarian	Quorn Chilli	Roasted Vegetable Parcel	Cheese and Tomato Pasta Bake	Moroccan Chickpea and Vegetable Tagine	Mixed Seasonal Vegetable Tart with Nut Free Pesto
Vegetables	Tortilla Chips Broccoli Cauliflower	Broccoli Roasted Carrots Roasted Potatoes	Mixed Seasonal Vegetables	Rice Green Beans Sweetcorn	Mashed Potato Peas Baked Beans
Dessert	Natural Yoghurt with Fruit Toppings	Chocolate Chip Brownie	Lemon Drizzle Cake	Carrot Cake	Fruit Jelly
Tea	Macaroni Cheese with Peas	Scrambled Egg with Bread and Butter and Green Beans	Beef Burgers with Cauliflower	Ham and Cheese Toastie with Vegetable Crudites	Classic Pork Sausage Roll with Steamed Carrots

Lunch Menu



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snacks	Crumpets	Crackers and Sliced Cheese	Fruit Yoghurts	Pancakes	Bagel
PM Snacks	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Main Course	Quiche Lorraine	Chicken Fajita	Roast Gammon	Pasta Bolognese	Breaded Fish Fingers
Vegetarian	Cheese and Onion Quiche	Mediterranean Vegetable Fajita	Stuffed Peppers	Quorn Bolognese	Chickpea and Spinach Open Burger
Vegetables	Mixed Seasonal Vegetables	Green Beans Carrots	Broccoli Roasted Carrots Roasted Potatoes	Peas Sweetcorn	Chipped Potatoes Peas Beans
Dessert	Natural Yoghurt with Fruit Toppings	Flapjack	Raspberry Sponge	Banoffee Pie	Fruit Slices
Tea	Tomato Pasta with Cauliflower	Potato Skins with Bacon, Cheese and Baked Beans	Crumbed Chicken Goujons with Baked Beans	Cheese and Onion Pasty with Broccoli	Frittata with Sweetcorn